



Special points of interest:

- Welcome Letter from Manuela Rendon, Executive/Head Start Director
- Installation of Officers of the NINOS, Inc. Board of Directors
- HSPC Election of Officers

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NEIGHBORS IN NEED OF SERVICES, INC.

NINOS EXPRESS

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Welcome Head Start Parents!

By Manuela Rendon, Executive/Head Start Director

As we begin our journey together “Creating a Brighter Future for our Children and La Familia,” we wholeheartedly welcome you to be part of our team. Even though you will not receive payment for your participation, the rewards far outlive any monetary payment. Having the opportunity to be part of your child’s educational experiences will help build and capture lasting memories that your child will cherish a lifetime. My hope is

that your involvement in Early Head Start or Head Start is a rewarding experience for you as well.

Please allow me to also encourage you to advocate for all children and families. Poverty surrounds our communities and one way to fight poverty is to get educated. Take advantage of all the training opportunities that our Agency NINOS, Inc. has to offer. Through meetings, workshops, and conferences you will receive valuable information that will assist you as

a parent. We have a responsibility to create a brighter future for your child and together we can. Welcome to our NINOS family.

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NINOS, Inc. Board of Directors Installation of Officers

We congratulate and welcome the NINOS, Inc. Board of Directors’ Officers for the year ‘12 – ‘13. The Installation Ceremony took place at the Board of Directors’ monthly meeting on August 14, 2012 in the San Benito Early Head Start Center meeting room. The Officers consist of the following members:

President:
Alberto Garcia

Vice-President:
Roque Rodriguez

Treasurer/Sergeant at Arms:

Mary F. Sosa

Secretary/Parliamentarian:
Juan Moreno, Jr.

We wish them all the success in leading the Board with all

the governing business that helps in “Creating a brighter future for our children and La Familia”.



Head Start Center Receives \$10,000 Donation

On August (22,23), the **E-ON Climate and Renewables Corporation** endowed the Otis Klar Head Start/ Early Head Start center with a generous \$10,000.00 donation. This donation was given specifically for our Raymondville based center. The E-ON Corporation is the sponsor/ owner of tall-energy providing turbines you see across the landscape in that area.

E-ON Development Manager, Matthew McCluskey, presented the giant check to Dora Lopez, NINOS, Inc. Area Manager at a special ceremony/bar-b-que outside the Raymondville City Limits at their operation headquarters. At hand for the presentation

were numerous City and County officials along with E-ON staff.

We thank them for supporting Early Childhood Education and related projects through our shared philosophy and

goals. We look forward to future partnerships with their green energy technology company and their fine group of employees.

THANK YOU E-ON!



10% to 20% of the population will develop the flu each year

The Flu Season is in Full Force

10% to 20% of the population will develop the flu each year. If you get infected by the flu virus, you will usually feel symptoms 1 to 4 days later. You can spread the flu to others before your symptoms start and for another 3 to 4 days after your symptoms appear. The symptoms start very quickly and may include body aches, chills, dry cough, fever, headache, sore throat and/or stuffy nose.

How do I protect myself from spreading germs?

- Wash hands often when you are sick
- Cover your mouth and nose with tissue every time you sneeze, blow your nose, or cough

- Do not use handkerchiefs
- Put used tissues into the nearest trash can after using
- Always wash your hands after sneezing, blowing your nose, or coughing, or after touching used tissues
- Stay home if you have cough and fever
- Keep away from family members that are very young, very old, or have a serious disease or weak immune system

Because cold viruses can survive for hours outside the body, cleaning surfaces with a virus-killing disinfectant might help prevent spread of infection.

For more information on where to get the flue vaccine call your local County Clinic (Harlingen 423-3516, San Benito 361-8244, Brownsville 574-8745, and Raymondville 689-6501) or health care provider.



What is Temperament?

In order to better know a child's typical way of being, parent(s) and teacher(s) need to discuss a child's temperament. Each person has his or her own special temperament made up of several different traits. Temperament is not "good" or "bad," and it has nothing to do with temper.

Although our temperaments do not change very much throughout our lives, we can learn to act differently. We can choose how we express and use our temperament. It is important to recognize our children's temperaments because certain actions will affect how much your child learns, how well he or she behaves, and ultimately, how

happy a life your child can have.

When parent(s) and teacher(s) understand children's unique temperament, they understand their basic nature so they can best help them. They can guide and disciple children in positive ways that match their temperaments. They can provide activities that they enjoy and

are best suited for them.

The following is a list of the traits of temperament. When determining a child's temperament it is important to notice the way your child behaves most of the time. Remember that no temperament is bad or wrong. Every temperament can be used in a positive manner as we learn to make better choices.

The Traits of Temperament are:

- Activity Level
- Sensitivity to Senses
- Awareness of Feelings
- Strength of Feelings
- Strength of Expression
- Persistence
- Distractibility
- Ability to Change



Temperament is not "good" or "bad," and it has nothing to do with temper.

Head Start/Early Head Start Policy Council Officers

On October 17, 2012, the NINOS, Inc. Head Start/Early Head Start Policy Council elected their 2012-2013 slate of officers. Ms. Norma Zepeda, was elected Chairperson, Mr. Juan Manuel Gandara, Jr., Vice-Chair and Ms. Lydia Moreno, Secretary/Treasurer. Congratulations Officers. We are proud to have such an involved group.



The NINOS, Inc. Website Receives a Face Lift

In an effort to keep up with the fast changing pace of technology, NINOS, Inc. moved to a new web design software, Word Press. Even

though, Word Press does not a lot of bells and whistles user friendly and make it easy to data. The Management Information Systems (MIS) Depart-

ment will be posting more information. We encourage everyone to take time and visit the website, www.ninosinc.org.

First United Methodist Church of San Benito “In His Steps Shoe Ministry”

First United Methodist Church of San Benito in collaboration with NINOS, Inc. have come together to launch In His Steps Shoe Ministry. Thirty (30) vouchers were distributed amongst the San Benito to Head Start/Early Head Start Centers that include: San Benito Head Start, San Benito Early Head Start, Fred Booth Head Start, Landrum Head Start and La Gallina Head Start. Each voucher was redeemed for a fifteen dollar (\$15)

gift card used to supplement the purchase of shoes for Head Start

children in need.



NINOS, Inc. School Readiness Goals

The Improving Head Start for School Readiness Act of 2007 requires programs to address the school readiness of all the children they serve. According to § 1307.3 (b)(1)(i) and (ii), Head Start and Early Head Start programs must establish appropriate school-readiness goals in the essential child development domains: physical development and well-being, social-emotional development, approaches to learning, cognitive development, and language and literacy development.

To meet the requirements of §1307, NINOS, Inc. responded systematically by utilizing a variety of resources and data to establish and align goals and age-specific indicators. A committee of staff, parents, and relevant partners examined data, reports, and federal and state guides lines to propose goals that address the needs of all children, including dual language learners and children with disabilities. The goals attend to health and nutrition, relationships, eager-

ness to learn, ability to connect known and new experiences, communication, print and book awareness, and family engagement. It is important to note that these goals do not represent the full extent of development occurring during the first five years of life, nor typify the number of goals the program develops. Nonetheless, these goals and age-specific benchmarks enable staff, families, and school partners to implement effective practices necessary to promote the school readiness informed by both research and data.

The goals have been approved and supported by both the Board of Directors and Parent Policy Council. Family members are encouraged to work together with center staff to improve children's development and learning in the home environment.

- Children will understand and demonstrate healthy and safe habits.

- Children will engage in healthy relationships and interactions with others as they develop a healthy concept of their personal identity.
- Children will demonstrate interest, curiosity, persistence, and eagerness to learn.
- Children will develop and demonstrate the ability to retain and connect new and familiar experiences to numerical knowledge.
- Children will increase their oral language abilities and pre-literacy skills.
- Parents will engage in the development, learning, and healthy well-being of their children