

**NINOS, Inc.**  
**Expectant Mother Acknowledgment of Enrollment Form**

NINOS, Inc. Head Start/Early Head Start program enrolls eligible pregnant women. The program uses the Partners for Healthy Babies curriculum to support expectant mothers on their prenatal and postpartum journey. The curriculum is to be implemented by the assigned Family Service Worker where the expectant mother is enrolled.

The Family Service Worker will schedule a series of home visits and conferences (ten contacts in total) to provide fathers, partners, or other relevant family members. The Family Service Worker discuss prenatal and postpartum education, fetal development, the importance of nutrition, the risks of alcohol, drugs, and smoking, labor and delivery, postpartum recovery, prenatal and postpartum depression, infant care and safe sleep practices, the benefits of breastfeeding and transitions.

The expectant mother services include five face-to-face home visits and five virtual or phone conferences. The number of home visits and conferences may differ depending on the trimester the pregnant mother enrolled. Any previous lessons missed will be provided and caught up with the current stage of pregnancy.

**NINOS, Inc. will provide the enrolled Expectant Mother:**

1. A copy of the Operational Policies and Procedures Manual
2. A Parent Handbook
3. A borrowed iPad
4. Partners for Healthy Babies Curriculum Handouts
5. Continuity of Services - A secured enrollment slot in the infant classroom no more than 40 days after the infant's birth or sooner if documentation of the infant's pediatrician approval is obtained
6. Referrals to community resource agencies for needed services to ensure that she has an ongoing source of continuous, accessible health care

**The enrolled Expectant Mother must make every effort to:**

1. Obtain a Dental visit and provide the documentation to the Family Service Worker no longer than 30 days after being enrolled
2. Obtain a Medical visit and provide the documentation to the Family Service Worker no longer than 30 days after being enrolled
3. Provide upcoming prenatal appointment documentation after every medical visit
4. Participate in five face-to-face home visits, and five virtual or telephonic conferences
5. Agree to participate in three visits to the classroom/and infants' teacher at the Early Head Start site
6. Agree to attend monthly parent meetings
7. Agree to Transition their newborn into the EHS Infant classroom

I, \_\_\_\_\_, have been explained the information above and given the opportunity to ask questions. I also acknowledge that I will familiarize myself with the contents of the information provided.

\_\_\_\_\_  
Expectant Mother Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
FSW Signature

\_\_\_\_\_  
Date